



REMEMBERING
Gladys Frocklage

June 25, 1923 - February 7, 2021



Gladys Beatrice Frocklage

Gladys passed peacefully at Kootenay Lake Hospital in Nelson on February 7, 2021 at the age of 97.

Gladys was born in Palmer, Saskatchewan to Edward and Beatrice Weal on June 25, 1923. As the eldest daughter of eight children, it fell to Gladys to run the family farm when her father and brothers went off to war. When they returned home, she travelled by train to Vancouver to stay with family for a much needed rest and holiday. She loved the big city and decided to remain.

In 1946, she married Bernard Frocklage (Ben). Ben was employed by the CPR and except for living for 2 years in Grand Forks, they made Nelson their home where they raised their family.

As a dedicated volunteer, Gladys gave back to her community and friends in countless ways. She was very involved with United Church 56 Unit and KLH Auxiliary where she held many garage sales to help them raise money. She also volunteered cutting patients' hair at KLH as well as doing the bread run for the Senior Center Branch 51.

A talented oil painter for many, many years, Gladys belonged to a group of painters that used to meet in the bottom of Ramsay's Art store. Most recently she continued her passion in her home art studio painting alongside her good friend Sylvia. She loved golfing, curling and enjoyed watching many sports on TV. She was also an avid card player for many years.

Gladys led a full and colourful life. She enjoyed meeting people and sharing her

stories. She loved jumping in her Explorer and driving to visit family and friends both near and far right up until she was 90. She was a truly wonderful person who will be greatly missed by all her family and friends.

Predeceased by her husband Ben in 1997, she is survived by all those she loved and who loved her: two children Wayne(Barb) and Charlyne(Lawrie) and beautiful grandchildren Kristal, Tracy(Jeff), Stephanie(Callum), Erin(Will) and Micheal and amazing greatgrandchildren Ruby, Emmett, Lennox and Blake. Also, survived by her sister-in-law June Frocklage, many nieces and nephews and many wonderful friends.

At Gladys' request there will be no service. The family will hold a Celebration of Life at a later date when it's appropriate to gather. In lieu of flowers, a donation to the KLH Equipment Fund would be appreciated. A special thank you to the wonderful Dr.s,' Goodman, Tuval, McBride, Merritt, Sonnichsen and the 3rd Floor Care Staff. We are very appreciative and grateful for the care she received in her last month. A huge thank you to all the Home Support workers, her case manager, and the schedulers . The personal care she received was instrumental in keeping mom in her home these past few years, however, it was also the personal touch, the friendliness and companionship that warmed her heart and ours on this last leg of her journey. All who loved her are forever grateful.

